



Well-Being Day at the Club

Saturday, March 2 | 10am-2pm

More than 40 Local Professional Experts and Retailers Specializing in Physical, Mental, Emotional and Spiritual Well-Being.

Games, Prizes & Activities

- Wellness & Injury Screenings
- Retail Product Sampling
- Raffles & Girl Scout Cookies

For Kids & Families

- Inflatable Fun
- Petting Zoo
- Summer Camp Registration
- Cincinnati Reds Mascots
- Roaming Magician

	Small Group 30-Minute Presentations with Q&A (Grandin Room in Main Lobby)	Special Activities
10am		Well-Being Day begins on the indoor multi-purpose court with more than 40 local professionals and well-being experts. Special Free Screenings: <ul style="list-style-type: none"> ● Body Composition ● Blood Pressure ● Hoxworth Blood Drive ● Nerve Scans ● Injury Screening
10:15am-10:45am	Pickleball Injury Prevention Dr. Robert Pettit with Beacon Orthopaedics & Sports Medicine	Petting Zoo (10am-Noon) Roaming Magician (10am-Noon)
11am-11:30am	Addiction Treatment Sunrise Treatment Center	Cincinnati Reds Mascot (11am-1pm)
		Cincinnati Bearcat Mascot (Noon-2pm)

A Super-Saturday for Your Well-Being | March 2 10am-2pm

As a steward to the local community, Well-Being Day is designed for YOU. A time to learn and connect directly with local businesses who support the whole person. Free for members and the community on the Club's indoor multi-purpose court.

**Please note it is not a free guest day inside the Club; however, tours will be available for those wishing to see the Club firsthand.*

See back side for planned attendees.